



## **NSDA News Brief - November 19, 2020**

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**Dispatch:** Office Posters, Amherst Online Public Council Meeting and Vote on Community Water Fluoridation, Alumni and Friends Faculty of Dentistry Strategic Planning Session, CE Opportunities, Student Surveys

### **New Office Posters Added to the *Be Vigilant* Series**

Often patients and dental office staff bring food to the office to recognize special events and holidays. However, celebrating with food and beverages in common areas during the COVID-19 pandemic must be done safely to help prevent the spread of the virus.

Two new posters, originating from CDA, have been added to the “Be Vigilant Inside and Outside the Op!” series. The posters provide tips for common areas and how to safely enjoy food in a dental office setting. Discussion points are available in this package for dentists to use with their teams, and also include tips for safely hosting holiday or year-end parties by spreading cheer virtually this year.

The material can be used not only around the holidays, but also for other special events (i.e. staff birthdays, etc.).

Use the following links to access the new co-branded posters and team huddle discussion points:

[Click here](#) to download the new posters.

[Click here](#) to download the new team huddle discussion points.

### **Sun Life Poster**

The following patient information poster advises patients that Sun Life recently made changes to what dental procedures are covered under their plans.

[Click here](#) to download the poster.

### **Amherst Online Public Council Meeting and Vote on Community Water Fluoridation**

Dentists in Cumberland County: The Town of Amherst is holding an online, public council meeting on Monday, Nov. 23 at 7 p.m., where council will vote on community water fluoridation. Consider attending the meeting to show your support for community water fluoridation. The town's recent plebiscite results on community water fluoridation was 40% in favour and 60% against.

For more information about the meeting, visit: <https://www.amherst.ca/council-committee-meetings.html>

### **Alumni and Friends Faculty of Dentistry Strategic Planning Session, Nov. 25, 2020**

The Faculty of Dentistry is undergoing a strategic planning process and they would like alumni and community members to be involved. The event is taking place on **Wednesday, Nov. 25 from 5 - 6:30 p.m.**

For more information and the meeting link, visit: <https://alumni.dal.ca/get-connected/event/alumni-and-community-faculty-of-dentistry-strategic-planning-session/>

### **NLDA Virtual Oral Health Convention**

Thought-provoking education sessions  
Virtual fun night with Chef Steve Watson  
Wellness sessions and activities  
Virtual tradeshow floor

Nov. 20 - 21

What can you expect at the Convention?

Register at <https://nlida.5by5.ca/>

## **Wellness Webinars – Access, Survey, and CE Quiz**

Missed a Wellness Webinar? Access the Pre-Recorded 4-Part Series

Email the NSDA for a corresponding coupon code for access to the pre-recorded 4-part Foundations of Resilience Series offered throughout October. Topics included the resilience mindset, mastering stress and anxiety, managing difficult emotions, and building strong relationships. **Access is available for a limited time until Dec. 31, 2020.**

When you have your coupon code:

1. Visit the initial access link <https://air-institutes.mykajabi.com/offers/Fowozz8f>
2. Apply your personal coupon code (given to you by the NSDA).
3. Create your personal account.

You can revisit the library by using the Air Library link: <https://air-institutes.mykajabi.com/library>

## **Foundations of Resilience Feedback Survey**

Air Institutes has provided the NSDA with the following message and survey to request feedback about the Foundations of Resilience series.

**Thank you for participating in the Foundations of Resilience Series!**

We value your feedback. Please help us make Air's Programs the best they can be by filling out our survey:

**CLICK HERE TO COMPLETE OUR SURVEY:**

<https://www.research.net/r/foundations-NSDA>

Your responses will be kept confidential and anonymous should you choose to give us permission to quote you.

We hope to work again with you in the future!

If you have any questions or concerns, please do not hesitate to contact us.

**CE Quiz**

The NSDA has developed a quiz for those who attended live or watched the pre-recorded resilience series. Those who complete the quiz will receive a certificate they can submit for CE credit.

Access the quiz at the following link: <https://nsdental.org/wellness-quiz/>



**REMINDER**

## **Invitation to Participate in a Short Survey**

### **Barriers to implementation of evidence-based knowledge and practice amongst dentists in Nova Scotia**

Thank you to PDBNS Registrants who have responded to the voluntary survey "Barriers to implementation of evidence-based knowledge and practice amongst dentists in Nova Scotia". For those of you who wish to participate, the link is still open and we welcome your responses.

### **Tell us about your problems practicing evidence-based dentistry.**

As someone who is thinking about practicing or who has already started to practice evidence-based dentistry (EBD), your knowledge and experiences relating to the barriers in implementing EBD in everyday practice is critical to our understanding of how to design effective clinical solutions. Attached link, you will find a survey conducted by researchers at Dalhousie University that asks you about your experiences with evidence-based patient care. We will explore barriers and suggest solutions to help dentists adjust to our rapidly changing dental field in order to provide optimal patient care using an evidence-based approach.

On average, the survey takes 10 minutes to complete. Please answer the questions as best you can and thank you for your time. The researcher would highly appreciate further response.

Survey link: <https://surveys.dal.ca/opinio/s?s=57235>

## **Does a Difference in Career Satisfaction Exist Between Clinicians Practicing in a Corporately Owned Clinic Compared to a Privately-Owned Clinic Within Atlantic Canada?**

You are invited to complete an anonymous, online survey conducted by researchers at the Dalhousie Faculty of Dentistry to compare the career satisfaction between clinicians practicing in corporately owned dental clinics and privately owned clinics within Atlantic Canada. The survey should take approximately 5 minutes to complete. Your participation in this survey is entirely voluntary and all responses will be anonymous. If you have any questions or concerns, please contact the lead researcher at [sc777853@dal.ca](mailto:sc777853@dal.ca)

Survey link: <https://surveys.dal.ca/opinio/s?s=58416>

### **Upcoming Event**

- [Nov. 20 and 21, 2020: NLDA Virtual Convention](#)
- [Nov. 25, 2020: Alumni and Friends Faculty of Dentistry Strategic Planning Session](#)
- [Nov. 25, 2020: Treatment planning for full-arch implant rehabilitation \(digitally-driven implant dentistry\), \*Presenter: Dr. Mohamed Gebril\* \(Dalhousie Dentistry Continuing Education\)](#)

- [Nov. 30, 2020: Soft and hard tissue preservation with EVERY tooth extraction: Why is that necessary and how is it done?., Presenter: Dr. Nader Hamdan \(Dalhousie Dentistry Continuing Education\)](#)
- [Dec. 5, 2020: Clinical alternatives to amalgam and composite in compromised patients, Presenter: Dr. Alan Atlas \(Dalhousie Dentistry Continuing Education\)](#)



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